

MODULE I – THE SPINECOR METHOD FOR SCOLIOSIS TREATMENT

Venue: Ste-Justine Hospital. Montreal, Canada.

Date: 18th May 2010

Morning Session

TIME	TRAINING SESSIONS	DESCRIPTION
9:00 – 9:45	Idiopathic Scoliosis - New Etiopathogenic Concept	Multimedia presentation of Dr. Coillard's etiopathogenic concept of idiopathic scoliosis.
9:45 – 10:30	Scoliosis Treatment with the Dynamic Corrective Brace SpineCor	Overview of the SpineCor treatment concept. Treatment protocols.
10:30 – 10:45	Coffee break	
10:45 – 11:10	Clinical Evaluation	Review of the key elements of the clinical exam in the SpineCor program.
11:10 – 11:30	Radiological Evaluation	Review of the key elements for the evaluation of the x-rays in the SpineCor program.
11:30 – 13:00	New Radiological Classification	Radiological characteristics of each class and sub-class of scoliosis patients.
13:00 – 14:00	Lunch	

Afternoon Session

<i>TIME</i>	<i>TRAINING SESSIONS</i>	<i>DESCRIPTION</i>
14:00 – 15:00	Corrective Movements & Dynamic Corrective Brace SpineCor Fittings	Individual corrective movements, class specific corrective movements with video demonstration. How the Corrective Dynamic Brace SpineCor is applied to maintain Corrective Movements. How to correctly apply the pelvic base, thigh & crotch bands for maximum stability. Correct positioning of the bolero. Class specific corrective band configurations.
15:00 – 15:45	Physiotherapy treatment in the SpineCor program	Role of the physiotherapy treatment to complement the action of the brace and reinforce the principles of the treatment with SpineCor.
15:45 – 16:15	Discussion Forum	Revision of the treatment key points. Home exercise program and treatment follow-up. Questions and comments.
16:15 – 17:00	Multiple Choice Questions	Examination with Open Book policy.

MODULE II – THE SPINECOR METHOD FOR SCOLIOSIS TREATMENT (PRACTICAL SESSIONS)

Venue: Ste-Justine Hospital. Montreal, Canada.

Date: 19th May 2010

TIME	TRAINING SESSIONS	DESCRIPTION
9:00 – 9:30	Anatomical Landmarks Detection and Marking	Exercise to practice the detection and marking of specific anatomical landmarks. How these landmarks can help the supervision of the physiotherapy exercises.
9:30 – 10:15	Postural Disorganization & Muscular Imbalance	Practical exercise to reproduce the specific postural disorganization for each type of scoliosis and identify the affected muscles in each case.
10:15 – 11:30	Corrective Movement & Brace Fittings on Yourself	Work in groups to reproduce five different classification corrective movements and appropriate brace fittings following SpineCor trainer demonstration and indications. Including: <ul style="list-style-type: none"> - Standard pelvic base fitting - Standard bolero fitting - Corrective movement and band fittings for: Right Thoracic Type I Right Thoracic Type III Right Thoracic LT Lumbar Type III Left Thoracolumbar Type I Left Lumbar
11:30 – 11:45	Coffee Break	
11:45 – 13:00	Postural Re-education & Muscular Re-balance Exercises	Work in groups to reproduce four different correction sequences and muscular re-balance exercises following the SpineCor trainer demonstration and indications. Including: Right Thoracic Type I Right Thoracic Type II Right Thoracic Type III
13:00 -14:00	Lunch	

The SpineCor Method for Scoliosis Physiotherapy Treatment



QF

HORARIO	SESIONES DE FORMACIÓN	DESCRIPCIÓN
14:00 – 15:50	Postural Re-education & Muscular Re-balance Exercises (cont.)	Work in groups to reproduce four different correction sequences and muscular re-balance exercises following the SpineCor trainer demonstration and indications. Including: Left Thoracolumbar Type I Left Thoracolumbar Type II Left Lumbar Right Thoracic Left Lumbar Type I and III
15:50 -16:00	Coffee break	
16:00 – 17:00	Postural Re-education & Muscular Re-balance Exercises (cont.)	Work in groups to reproduce four different correction sequences and muscular re-balance exercises following the SpineCor trainer demonstration and indications. Including: Right European Type Right T11 Type
Course closure		