

Guidance Notes for Delegates

The SpineCor Physiotherapy Training program has been designed to reach the following main learning objectives:

1. To obtain the basic anatomical and biomechanical knowledge for general scoliosis management.
2. To obtain the basic knowledge for general scoliosis clinical and radiological evaluation as well as different treatment options.
3. To learn the basic SpineCor treatment principles.
4. To learn the key elements of the clinical and radiological evaluations of scoliosis patients in the SpineCor program.
5. To learn the main radiological characteristics of each class and sub class of SpineCor scoliosis curve radiological classification.
6. To learn the SpineCor specific corrective movements for each scoliosis type and their application to the physiotherapy treatment program.
7. To learn how to correctly apply the pelvic base, thigh and crotch bands for maximum stability and correct positioning of the bolero. Understand the different corrective band configurations and their role to maintain the corrective movement position.
8. To understand the role of the physiotherapy treatment to complement the action of the SpineCor System and reinforce the principles of the treatment with SpineCor.
9. To understand the corrective movement integration mechanisms feeling the action of the corrective bands on yourself.
10. To learn the specific postural re-education sequences for each scoliosis type and subtype according to the SpineCor radiological classification.
11. To learn the specific muscular re-balance exercises for each scoliosis type and subtype according to the SpineCor radiological classification.

The SpineCor Method for Scoliosis Physiotherapy Treatment training program consists of 3 modules:

Module 0 has been designed to review the key elements in scoliosis management to obtain the necessary basic scoliosis knowledge to cover Module I and II.

This training module may be covered online when training organisers consider it is a necessary pre-requisite to complete Module I and II.

Module I covers the SpineCor treatment principles over a one-day program including written examinations.

After completing the Module I with a sufficient level of competence, checked through the written examinations, delegates are authorised to attend to Module II.

Module II teaches the physiotherapy treatment program over a one-day training program. All training sessions included in this module are practical.

Health professionals who have already undertaken SpineCor Paediatric Corrective Brace Training (SpineCor Phase I Training) are only required to complete Module II (practical training).

After completing the SpineCor Method for Scoliosis Physiotherapy Treatment training program with a sufficient level of competence, delegates will be authorised to treat patients with this method. A certificate will be issued to such effect.

Training Material for Delegates

Module I:

Each delegate attending to Module I will be provided with the **SpineCor System Physiotherapy Training Manual**.

Module II:

Each delegate attending to Module II will be provided with the **SpineCor System Physiotherapy Program Reference Manual** and a CD containing the **Home Exercises Program** for patients.